

## Myrna O'Neil: Lost Her Mobility, Nearly Lost Her Life

Several frightening events once brought Myrna O'Neil to United Helpers. She was unable to walk after a broken hip and two surgeries.

“Before I came to UH, I was in so much pain, I could only drag my leg. I protested that the exercises hurt badly, but the therapy assistant where I was only made me put more weight on the leg—until I collapsed.”

The second surgeon diagnosed Myrna's first surgery as very poor workmanship. He couldn't promise that she would recover fully ... or survive the second surgery. But he succeeded.

And this time Myrna came to UH's Rehabilitation & Senior Care at Ogdensburg (RiverLedge). Tim Parsons, now VP of Operations there, was Myrna's physical therapist. “I remember the day I took my first step!” she recalls triumphantly. “Tim was patient. He listened.”



Myrna O'Neil

Today, Myrna is a UH volunteer and donor. Tim Parsons is “one of my favorite people,” she declares. “I wouldn't be mobile today if it weren't for him and UH.”



### **You are easing worries for family members and loved ones.**

United Helpers Rehab and Senior Care in Canton (pictured here) was the first in our region to offer assisted living, skilled nursing, rehabilitation, and memory care all under one roof.

### **You are providing quality, clean housing in your community.**

UH manages 19 apartment complexes for approximately 400 seniors and the disabled in St. Lawrence and Jefferson Counties.